

THE ART OF
BEAUTY
THE SCIENCE
OF YOUTH

 BEVERLY HILLS®
REJUVENATION CENTER

SERVICES

619.900.BHRC (2472)



AGE BEAUTIFULLY WITH OUR COMPREHENSIVE REJUVENATION AND WELLNESS SERVICES

Widely recognized for revolutionizing the medical spa business, Beverly Hills Rejuvenation Center, "BHRC", is a brand synonymous with wellness transformation and results-driven age management. For over 16 years, BHRC has been recognized as a leader in the aesthetic and wellness industries for their innovative elite health and wellness program, customized anti-aging therapies, Cutting-edge technologies, and a well-seasoned team of physicians. BHRC's expert practitioners are devoted to helping patients achieve desirable results on their journey toward total well being from the inside out. Currently we operate in key markets including La Jolla, Huntington Beach, Del Mar Highlands, and Newport Beach.



BODY SHAPING + SKIN TIGHTENING

COOLSCULPTING®

CoolSculpting delivers controlled cooling to target stubborn fat in the abdomen, thighs, flanks, chin, bra, back, and buttocks, effectively freezing the fat cells underneath the skin. Within weeks post treatment, the body naturally processes the fat and eliminates the dead cells, permanently leaving a more sculpted you. For best results, a minimum of two treatment sessions are recommended.

NO SURGERY / NO DOWNTIME
NO NEEDLES
FDA CLEARED FAT REDUCTION
PERMANENT FAT LOSS

EVOLVE INMODE

BODY REMODELING

At Beverly Hills Rejuvenation Center La Jolla, we are proud to offer the latest in body shaping. We are the only center providing this treatment in San Diego County.

- TITE Tighten Skin with RF energy to remodel skin and improve its appearance.
- TRIM Trim Fat with RF energy to improve the appearance of cellulite and loose skin.
- TONE Tone Muscle with electronic muscle stimulation (EMS), strengthen muscle in areas such as abdomen, glutes and arms (similar to EmSculpt®).

EVOKE INMODE

FACE AND NECK TIGHTENING
FACIAL SLIMMING
CHIN FAT REDUCTION

This proprietary non-invasive technology is an industry first. RF energy penetrates into the sub dermal layers to contour the neck, cheeks, chin and jawline. Procedure only takes only to 20 – 40 minutes.

MESOTHERAPY (Medicreations)

ENHANCE WITH
REGENERATIVE CELL THERAPY
HAIR RESTORATION
IMPROVES FINE LINES &
WRINKLES

Customized mesotherapy with Medi-Inject by using PRP, Hyaluronic Acid, Vitamins and Enzymes. Mesotherapy can be used for face, neck and body rejuvenation as well as hair restoration and reducing pain. Enhance the treatment with Regenerative Cell Therapy. Meso Inject places a variety of substances into the desired area at a depth of 1 – 10 millimeters. Customized Injections of PRP, Hyaluronic Acid, Vitamins and Enzymes. Customized injection for face and neck rejuvenation, hair loss, body contouring, and reducing pain. Enhance the treatment with regenerative cell therapy.

CAVITATION RF (Medicreations)

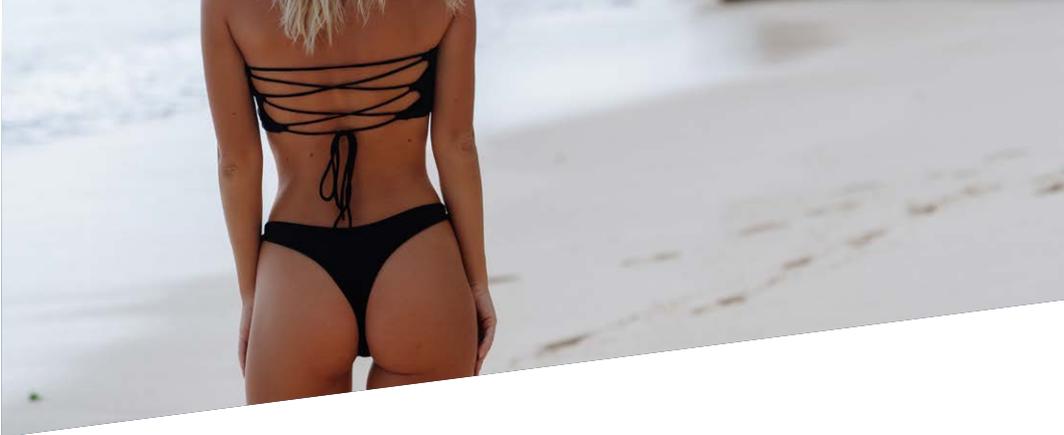
REDUCE FAT
TIGHTEN SKIN

Medi-Shape known as ultra-sonic fat cavitation is a non-invasive procedure designed to reduce fat. Applied in conjunction with RF heating and vacuum suction we are able to promote collagen realignment ultimately tightening and firming the skin.

ULTHERAPY®

NO NEEDLES
NO DOWNTIME
NON-SURGICAL
FDA CLEARED

Achieve a more youthful, naturally lifted look without going under the knife! Ultherapy is the only FDA cleared, non-invasive procedure that lifts and tightens the skin on the neck, chin and brow, and improves fine lines and wrinkles on the chest. Using focused ultrasound energy at different depths and temperatures, Ultherapy addresses the skin's foundational layers triggering a natural response under the skin, jump-starting the regenerative process producing fresh, new collagen. Results are seen within three months and last up to a year.



BHRC BUTT LIFT™

NO DOWNTIME
NON-SURGICAL
NON INVASIVE

Sculptra, when injected into the buttocks, can help add volume, smooth out cellulite dimples, and improve the skin's overall texture. Magic begins to take place as the micro particles are absorbed into the skin and the body is coaxed into reproducing lost collagen.

Hyper-diluted Radiesse® (calcium Hydroxyapatite) is another choice when lifting and augmenting the buttocks. This injection is an instant result which is appealing to many patients.

FEMININE REJUVENATION

ENHANCE YOUR INTIMATE LIFE

NON-INVASIVE
MINIMAL DISCOMFORT
SAFE AND HYGIENIC
IMPROVES APPEARANCE
OF THE VULVA

SMOOTHS AND TIGHTENS TISSUE
ENHANCES SEXUAL
SATISFACTION
IMPROVES INCONTINENCE

Take control of your intimate health and regain your sexual confidence with this innovative, quick, and painless radio frequency treatment that feels like a warm massage. Address your most intimate concerns by treating the vaginal area both internally and externally improving tissue color, laxity, and sensitivity. The heated tip combined with radio waves, increases blood flow, smooths and tightens the vulva tissue, and the internal vaginal wall, leading to enhanced sexual pleasure. A series of three treatments is recommended for best results, done two weeks apart.

INJECTABLES & DERMAL ENHANCERS

ENHANCE YOUR BEAUTY

Our team of seasoned physicians and practitioners have helped thousands of patients achieve increased confidence and a more youthful appearance with our vast array of dermal fillers and neurotoxins. Injectables can be used to plump lips, add volume, contour, lift, contour jawline and define hollow or flat features, and soften facial lines and wrinkles.

BOTOX
COSMETIC

Dysport

Sculptra
aesthetic

JUVÉDERM
COLLECTION OF FILLERS

kybella

Jeuveau

Restylane

REVANESSE
VERSA™

RADIESSE
VOLUMIZING FILLER

XEOMIN
incobotulinumtoxinA

SKIN REJUVENATION | LASER

LASER HAIR REDUCTION

FAST, SAFE, EFFECTIVE
NO DOWNTIME
TREATS ALL SKIN TYPES
LONG-LASTING RESULTS

Save yourself the time, trouble, and pain of shaving and waxing! BHRC offers the most advanced laser hair removal on the market, combining two wavelengths and built-in skin cooling for a fast, and relatively pain-free procedure. Optimal results are usually seen with six to ten treatments, done 30-45 days apart.

LASER TREATMENT RESURFACING

MINIMAL SIDE EFFECTS
TREATS ALL SKIN TYPES
LONG-LASTING RESULTS

Rejuvenate, resurface, and treat a variety of skin conditions including melasma, brown spots, age spots, rosacea, freckles, fine lines, and wrinkles with our unique laser treatments. Optimal results are achieved with a minimum of three to six sessions, done 30 days apart. Results are visible within weeks and are long-lasting when sun exposure post-treatment is avoided.

TATTOO REMOVAL

SAFE & EFFECTIVE
MINIMAL SIDE EFFECTS

Improve the clarity and brightness of your complexion, reduce pigmentation Laser tattoo removal is the only clinically-proven method of removing a tattoo without causing scarring. For more than a decade lasers have been designed to create ultra-short pulses of light energy that shatter ink in a tattoo. Each laser treatment breaks down more and more of the tattoo ink until none remains.

IPL/PHOTOFACIAL

NO DOWNTIME
MINIMAL SIDE EFFECTS
FAST RESULTS
BEST FOR LIGHT SKIN TYPES

Improve the clarity and brightness of your complexion, reduce pigmentation irregularities and look years younger with intense pulse light therapy. Using photothermolysis, a photofacial reduces the appearance of age spots, spider veins, rosacea, freckles and sun damage on the face and body. Optimal results are achieved with a minimum of three to six sessions, done 30 days apart. Results are visible within weeks and are long-lasting when sun exposure post-treatment is avoided.

FACIAL REJUVENATION

HYDRADERM (MediCreations)

IMMEDIATE RESULTS
NO DOWNTIME
FOR ALL SKIN TYPES
EXTRACT, EXFOLIATE, HYDRATE

When you need a treatment that brings that “wow” factor in, the MediSpa's True Facial Cleanse™ delivers immediate, stunningly noticeable results within 60 minutes. No downtime. Seven treatments work together to produce the best skin your patients have ever had, all without needles or lasers.

The core of the device is the AquaPeel handpiece, able to purge, vacuum, exfoliate, and infuse serums into the skin. It removes blackheads, dead skin, and other debris from the pores in a way no other aesthetic tool can match.

But that's just one piece of the package. The Hot/Cold wand widens the pores for deeper, more penetrating cleansing. The ultrasound and RF (radiofrequency) handpieces intensify the body's natural collagen production and skin health. The microcurrent provides facial definition and lift through low-level electric stimulation.

CHEMICAL PEELS

TREATS MELASMA &
PIGMENTATION
HELPS TREAT ACNE &
SCARRING
REDUCES FINE LINES &
WRINKLES
FOR ALL SKIN TYPES

We carry several peels suitable for all skin types and skin conditions, that range from moderate to intense, depending on your desired results. Our medical grade peels work to improve the overall clarity, tone and texture of your skin, while addressing unwanted pigmentation, melasma, acne, acne scarring, and overall lightening of the skin, and softening of fine lines and wrinkles. A series of at least three peels is recommended for best results, done one month apart, paired with a home skincare regimen.



MICRONEEDLING RF

TREATS MELASMA &
PIGMENTATION
ACNE SCARRING &
STRETCH MARKS
FINE LINES & WRINKLES
FOR ALL SKIN TYPES

A highly effective treatment that not only improves overall skin tone, texture, and radiance, but can significantly reduce acne scarring, hyperpigmentation, stretch marks, and rosacea, as well as fine lines and wrinkles. A series of three to six treatments paired with essential home care and sun protection produce the best results.

COSMELAN MD

TREATS MELASMA &
PIGMENTATION
NON-INVASIVE
FOR ALL SKIN TYPES

Depigmenting treatment designed to eliminate or reduce dark spots of melanic origin on skin, while unifying the skin tone and enhancing skin luminosity. Skin hyperpigmentation is caused by abnormal production of melanin, the pigment responsible for skin color, and is a consequence of uncontrolled, localized overproduction of melanin by the melanocytes, causing irregular skin coloration and dark spots.

PDO THREADS

NO DOWNTIME
TIGHTEN SKIN
REPLACE COLLAGEN
LONG-LASTING

A PDO thread lift, is a procedure that uses surgical sutures to lift and tighten facial skin. The threads also stimulate the production of new collagen in the treated area. Collagen gives youthful skin its firmness and strength, but collagen production declines as you get older. By replenishing collagen, a thread lift has a rejuvenating effect on the elasticity and volume of older skin.

The threads eventually dissolve, but due to the replenished collagen, a PDO thread lift offers results that can last up to three years. A PDO threads lift can lift and smooth skin on the neck and chest. Depending on your personal goals, we may recommend combining dermal fillers with a PDO thread lift for optimal anti-aging results. You may experience some mild swelling following your thread lift; this should subside within a few days.



BEVERLY HILLS
PLASTIC SURGERY CENTER

IV THERAPY

GLUTATHIONE

Master detoxifier and the body's #1 antioxidant. Helps to improve immune function, reduces inflammation, provides anti-aging properties and inhibits melanin production in cells.

COMPLEXION BRIGHTENING

Contains glutathione and powerful vitamin C, also known as L-ascorbic acid. Aids the skin to prevent oxidative stress and damage by free radicals and brightens the skin. Helps promote the production of collagen and elastin to produce new skin cells.

HEALTH AND WELLNESS

In addition to Vitamin C and Glutathione, this IV contains vitamin B complex, B-12, vitamin D, Alpha lipoic acid and magnesium chloride. This IV blend increases energy levels, boosts immune system, eliminates toxins and boosts the metabolism.

MEYERS' COCKTAIL

A mixture of fluids, vitamins and nutrients first developed by Dr. John Meyers to assist in the aid of fatigue, migraines and asthma. When mixed together this blend helps to maintain wellness and boosts energy levels.

IMMUNE BOOSTER

Vitamin C, Glutathione, Zinc, B-12 and Inositol help you increase an optimal immune system. Zinc, an essential mineral, interferes with the viral ability to replicate and has shown to reduce symptom duration of common cold by three days.

NAD IV TREATMENT

Given over a series of 5 days, these consecutive treatments are given over two hours with one follow-up treatment every 6 weeks. NAD+ is found in every cell in the body and is essential in maintaining healthy internal organs and optimal neurological systems. Also boosts mental health, optimizes metabolism and enhances cognitive health.



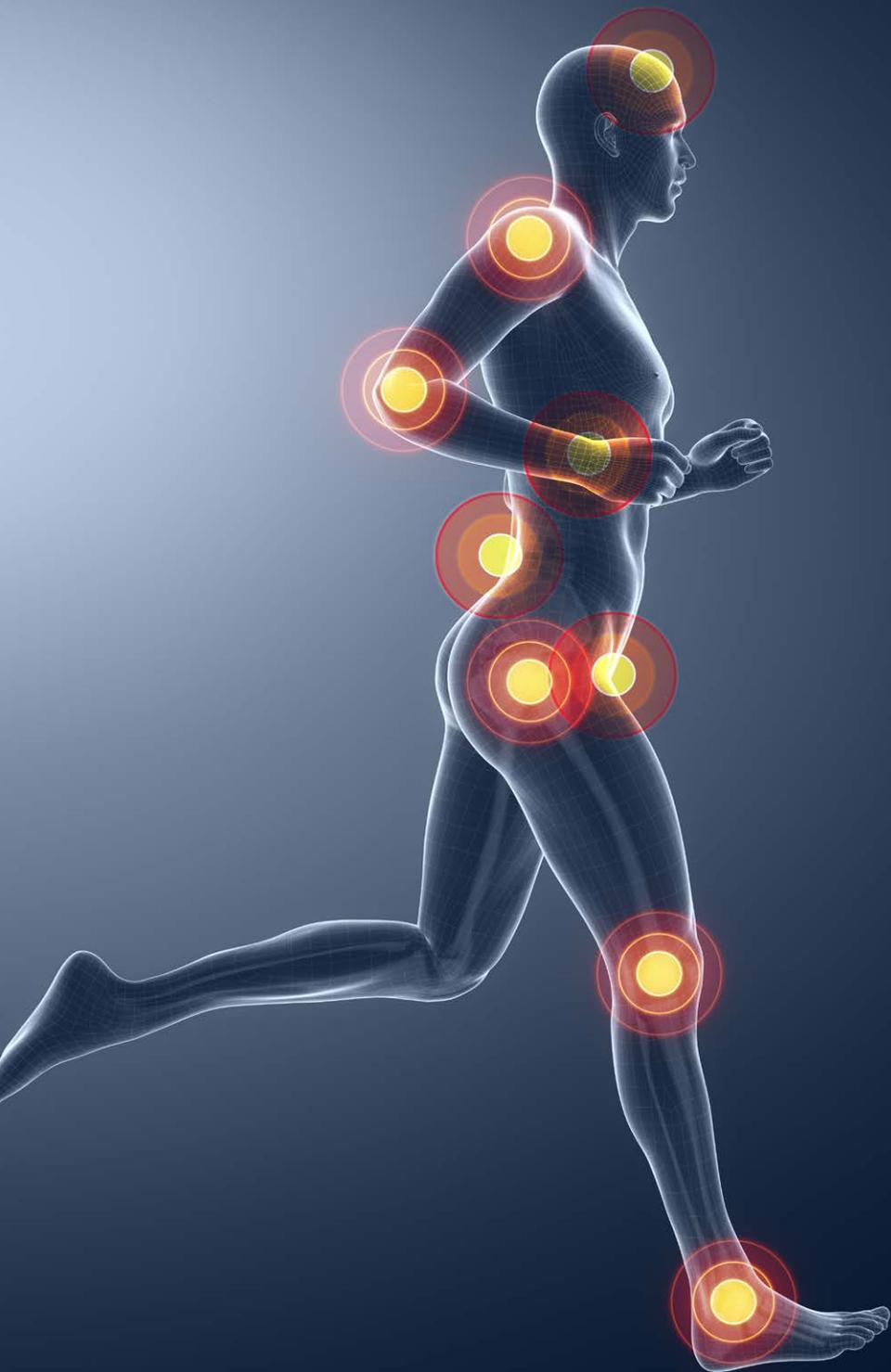
BIO-IDENTICAL HORMONE REPLACEMENT THERAPY

LOOK AND FEEL YOUR BEST RESTORE HORMONES TO OPTIMAL LEVELS

Our Bio-Identical Hormone Replacement Therapy Program (BHRT) begins with a comprehensive health assessment with one of our knowledgeable medical professionals who specialize in hormone therapy. The health assessment includes a physical exam with full review of your medical history, symptoms, and a comprehensive panel of lab tests. Based on your complete health assessment, a personalized treatment program is developed to address your specific hormone imbalances. All prescribed medications are formulated by our compounding pharmacy and conveniently shipped directly to your home. We also carry a wide variety of vitamin and wellness aids to supplement and enhance your treatment.

COMMON BENEFITS INCLUDE:

- REDUCED BODY FAT AND INCREASED MUSCLE
- GREATER STRENGTH AND ENDURANCE
- INCREASED SEXUAL STAMINA AND LIBIDO
- MORE YOUTHFUL APPEARANCE
- STRENGTHENED IMMUNE SYSTEM
- HAIR RE-GROWTH
- IMPROVED SLEEP HABITS
- ENHANCED VISION AND ORGAN FUNCTION
- GREATER SENSE OF WELL-BEING
- INCREASED MEMORY RETENTION



THE PREMIER REGENERATIVE CELL THERAPY EXPERTS!

The body is a powerful thing, constructed with the building blocks needed to help heal itself. As the body ages, those regenerative abilities slow dramatically. Is there a way to supplement our body's ability to heal itself? **We believe so.**

Using WJ-MSC's we are capable of repairing and replenishing tissue.

- NECK PAIN RELIEF
- ERECTILE DYSFUNCTION
- FEMININE REJUVENATION
- LOW BACK/SCIATICA PAIN
- INFLAMMATION
- HAIR RESTORATION
- ARTHRITIS
- NUMEROUS PAINFUL JOINT ISSUES
- HEADACHES
- ACCELERATE RECOVERY FROM SURGERY

BEVERLY HILLS REJUVENATION CENTER

LA JOLLA

909 Prospect Street, #100C
La Jolla, CA 92037
(619) 900-BHRC (2472)

HUNTINGTON BEACH

21022 Pacific Coast Highway, #B214
Huntington Beach, CA 92648
(714) 233-BHRC (2472)

DEL MAR HIGHLANDS TOWN CENTER

12853 El Camino Real, STE 109
San Diego, CA 92130
(858) 290-BHRC (2472)

Beverly Hills Rejuvenation Center has earned the following prestigious awards and is widely recognized as one of the country's top Medical Spas.



bhrcenter.com